

# OPINION

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## Men, treat women with respect

A Mexican saying states: "El hombre es hombre aunque su mujer le pegue." Translated into English, it means: "A man is still a man, even if his woman beats him up."

We must agree that a man is still a man no matter what. Yet, there are individuals in our society today who believe that to prove their manhood, they must use force, violence and abuse when interacting with women and children in their households.

The resulting domestic violence could be minimized, or even eliminated, if we as a society start making violence against women unacceptable. Women are delicate, yet strong. They also are gentle, kind and understanding. Their strength of character is something that many men should envy. They could be considered the glue that holds households together.

To those men who abuse women, we should say: Treat women as delicate and tender flowers to be caressed and loved. Don't treat them as punching bags on which you can vent the frustrations of your ineptitude and shortcomings, or as rags that you would use to wipe off the footprints of your sorry existence.

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