

## Domestic Violence You can help. We *all* can.

Domestic violence is the number one public safety issue in Longmont. More people are injured in domestic violence incidents here than any other crime.

The police and nonprofits are making an impact, but nobody is better equipped to eliminate this problem than you. How, you ask?

- Get the facts: Learn about domestic violence, and find out what resources are available in the community. Visit LongmontDomestic Violence.org or call the Longmont Ending Violence Initiative (LEVI) at 303-774-4534 for more information. LEVI can also provide educational presentations to your group free of charge.
- Help those involved: Victims and abusers are much more likely to seek help for their situation when somebody they know asks them about it. For tips on how to talk to victims and abusers and a complete list of area resources, visit LongmontDomesticViolence.org.
- Set a good example: Other people see your behaviors and actions, especially young people. Treat others with respect, and teach the young people in your life about healthy relationships.
- Call the authorities: If you witness an incident, report it to police. You could be saving a life!
- Take a stand: Every man and woman can and should play a role in resolving this problem. We all need to be involved in becoming part of the solution. Longmont is a community where many men have stepped up to be a part of the White Ribbon Campaign during the past two years. Men wear a white ribbon to show your desire to end ALL violence against women, and talk to other men and boys about where you stand on the issue. Purple ribbons are available for domestic violence awareness. —

October is Domestic Violence Awareness Month. Let's show this community where we stand on the issue. There is no excuse for abuse – period. For more information, please visit LongmontDomesticViolence.org or call LEVI at 303-774-4534. For counseling, advocacy or emergency shelter, call Safe Shelter of St. Vrain Valley at 303-772-4422. In an emergency, dial 9-1-1.